ZENTANGLES

“The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns.” [www.zentangle.com](http://www.zentangle.com)

Zentangles are intricate drawings of patterned line, created with a black pen and paper. The process is meant to be artistic, intuitive, relaxing, focussed, detailed and meditative. The results are meant to be elaborate and resemble doodling.

   

**ZENTANGLE PATTERN EXAMPLES**



**NOW YOU TRY CREATING YOUR OWN DESIGNS**

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